



MEDICARE DIABETES PREVENTION PROGRAM Expanded Model

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National Medical Education Program

January 31, 2018

Disclaimer

This presentation was current at the time it was published or uploaded onto the web. Medicare policy changes frequently, so links to the source documents have been provided within the document for your reference.

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Objectives

The primary objectives for today's presentation are outlined below.

- Enhance knowledge and understanding of the MDPP expanded model, including:
 - MDPP in broader Medicare context
 - MDPP service delivery and coverage
 - Performance-based payment
 - Supplier requirements
- Actions for clinicians and MDPP suppliers to take now

MDPP Overview

The MDPP is a preventive service to respond to high rates of type 2 diabetes among older Americans.

Problem

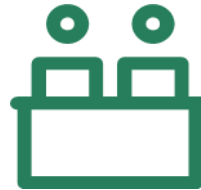


25% of Americans 65 years and older are living with **type 2 diabetes**, which negatively impacts health outcomes



Care for older Americans (65+ years) with diabetes costs Medicare **\$104 billion annually, and is growing**

Medicare Implementation



DPP model test with Y-USA
7,800 beneficiaries



Rulemaking to **expand coverage** of DPP to beneficiaries & establish **MDPP supplier type**

Impact













Promotes healthier behaviors for eligible Medicare beneficiaries at risk for type 2 diabetes



Decreases Medicare costs associated with diabetes

MDPP Overview

Medicare has four parts, but only beneficiaries with Part B and Part C are eligible for MDPP services.

Original Medicare		Medicare Advantage Part C		Medicare Prescription Drug Coverage
 Part A Hospital Insurance	 Part B Medical Insurance	<div> Part A Hospital Insurance</div> <div> Part B Medical Insurance</div> <div> Part D Medicare prescription drug coverage</div>	 Part D Medicare prescription drug coverage	
Beneficiary Eligibility for MDPP				
 These beneficiaries are not eligible for MDPP	 These beneficiaries are eligible for MDPP at no copay	 These beneficiaries are eligible for MDPP at no copay (coverage with MA plan)	 These beneficiaries are not eligible for MDPP	

Source: <https://www.cms.gov/Outreach-and-Education/Training/CMSNationalTrainingProgram/Medicare-Modules/Understanding-Medicare-Medicare-101.html>

MDPP Overview

CMS and CDC each have unique roles and responsibilities with respect to the MDPP services.

CDC

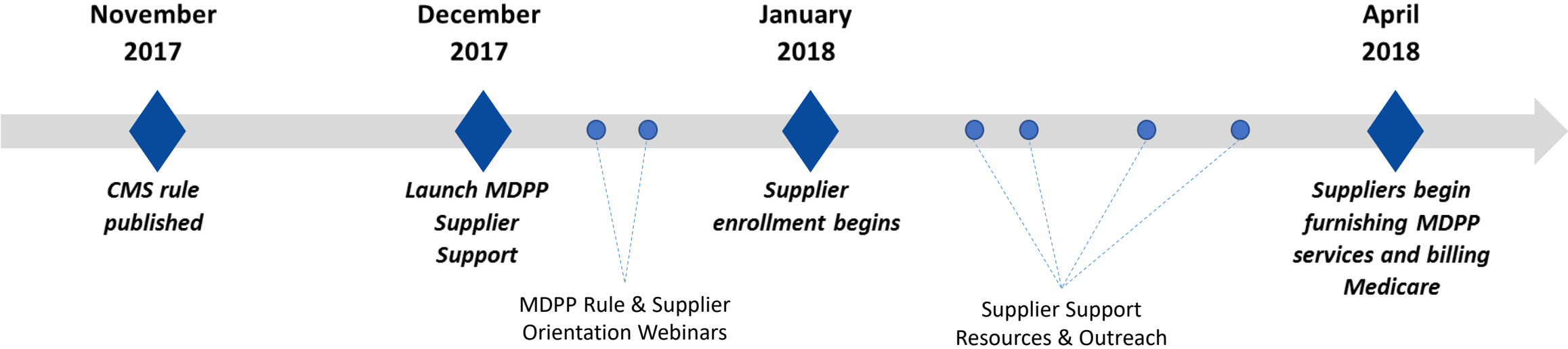
- CDC DPRP Standards and Operating Procedures
- CDC recognition requirements
- CDC data collection and submission requirements
- CDC curricula requirements
- Effective delivery of the National DPP

CMS

- Enrollment as an MDPP supplier
- MDPP supplier standards and compliance
- MDPP coach eligibility
- Beneficiary eligibility and coverage
- Delivery of MDPP services
- Documentation and record keeping requirements
- Payment, billing and claims process

MDPP Timeline

Key upcoming dates related to the MDPP expanded model are highlighted below.



Organizations eligible to become MDPP suppliers can enroll today!

MDPP Service Delivery

Medicare covers up to 2 years of MDPP sessions for eligible beneficiaries



Months 0 6
Core Sessions

- A minimum of 16 sessions offered at least a week apart during the first 6 months
- Available to eligible beneficiaries *regardless* of weight loss and attendance



Months 7 12
Core Maintenance Sessions

- A minimum of 6 monthly sessions during the second 6 months of core sessions
- Available to eligible beneficiaries *regardless* of weight loss and attendance



Months 13 24
Ongoing Maintenance Sessions*

- Eligible beneficiaries have coverage for 3 month intervals of monthly maintenance sessions for up to 1 year
- Beneficiaries *must* achieve and maintain weight loss and attendance goals to remain eligible

- No copay
- CDC-approved curriculum
- In-person and virtual make-up sessions

* The ongoing maintenance sessions are unique to the MDPP services and are not required in the National DPP.

MDPP Payments

Performance-based payments are given based on beneficiary attendance and weight loss (WL).

MDPP Core Services			Ongoing Maintenance Sessions (12 months, 4 monthly intervals)			
Core Sessions (6 months)	Core Maintenance Sessions (6 months, 2 monthly intervals)					
(Months 0 – 6)	Interval 1 (Months 7-9)	Interval 2 (Months 10-12)	Interval 1 (Months 13-15)	Interval 2 (Months 16-18)	Interval 3 (Months 19 – 21)	Interval 4 (Months 22-24)
1 session: \$25 4 sessions: \$50 9 sessions: \$90	2/3 sessions + 5% WL: \$60	2/3 sessions + 5% WL: \$60	2/3 sessions: \$50	2 sessions: \$50	2 sessions: \$50	2 sessions: \$50
Requirement: Attendance only	2/3 sessions: \$15	2/3 sessions: \$15	Requirement: Attendance & maintenance of 5% WL			
5% weight loss achieved: \$160; 9% weight loss achieved: \$25			9% weight loss achieved: \$25			

Notes to MDPP suppliers: A \$25 payment is available for the first session attended after a beneficiary switches suppliers during the services period

Payment per Eligible Beneficiary

Minimum payment per eligible beneficiary*: \$195 Maximum payment per eligible beneficiary: \$670

*Assumes the eligible beneficiary completes one year of MDPP sessions but does not achieve 5% WL

Supplier Enrollment

MDPP suppliers must adhere to the following requirements to maintain enrollment.

MDPP suppliers must meet one of the following recognition requirements:

- **MDPP Preliminary Recognition:** *MDPP Preliminary Recognition includes Interim Preliminary Recognition from CMS and CDC Preliminary Recognition**
- **Full CDC Recognition:** *More information on the CDC DPRP Standards can be found via the following link:*
<https://www.cdc.gov/diabetes/prevention/lifestyle-program/requirements.html>

To maintain enrollment, MDPP suppliers must:

Meet and maintain recognition requirements

Have an active or valid TIN and NPI

Pass screening at high categorical risk

Obtain and provide information on MDPP coaches

Meet Medicare Provider requirements

Follow the MDPP Supplier Standards and Compliance

**Based on the final 2018 CDC DPRP Standards*

How you can help make MDPP a success

There are many actions to take now!

CDC Recognized DPP Organizations:

- Check your recognition status (Full or Preliminary)
- Enroll now through PECOS

Diabetes prevention stakeholders:

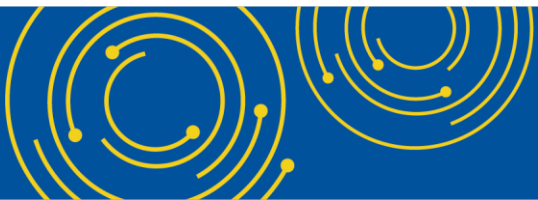
- Encourage organizations to work towards becoming CDC recognized
- Become familiar with enrollment & billing processes, including NPI and high risk screening requirements

Clinicians:

- Become familiar with beneficiary eligibility criteria and coverage
- Educate patients on prediabetes and encourage participation in MDPP
- Get to know your local DPPs: https://nccd.cdc.gov/DDT_DPRP/Registry.aspx

Subscribe to receive MDPP updates at go.cms.gov/mdpp

Appendix



Key Resources

- [Key Info for Stakeholders & Clinicians:](#)
- Learn How to Enroll as an MDPP Supplier
 - [Enrollment Fact Sheet](#)
- Understand Fingerprinting Requirements
 - [Fingerprinting FAQs](#)
- [Understand NPI requirements](#)

Additional Resources

About MDPP

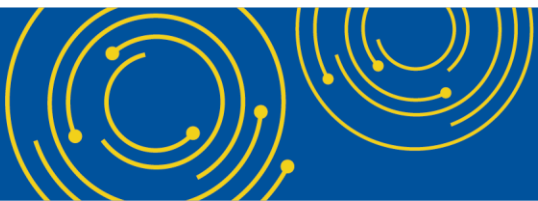
- [Medicare Learning Network Call](#) (12/5/17)
- [MDPP Orientation Webinar](#) (12/13/17)
- [MDPP website](#)
- [CDC DPRP standards](#)

Medicare Enrollment / NPIs

- Enrollment: [PECOS](#)
- NPIs: [NPPES](#)
- [MAC jurisdictions](#)
- [CMS Medicare website](#)

Billing / Claims

- [MAC jurisdictions](#)



If you can't find what you're looking for:



mdpp@cms.hhs.gov



Acronyms

Below is a list of acronyms frequently used throughout this presentation.

Acronym	Description
CMS	Centers for Medicare and Medicaid Services
CMMI	Center for Medicare and Medicaid Innovation
MDPP	Medicare Diabetes Prevention Program
CDC	Centers for Disease Control and Prevention
CDC DPRP	Centers for Disease Control and Prevention Diabetes Prevention Recognition Program
National DPP	National Diabetes Prevention Program
PFS	Physician Fee Schedule
NPI	National Provider Identifier
TIN	Tax Identification Number
MACs	Medicare Administrative Contractors
NPPES	National Plan and Provider Enumeration System
PECOS	Provider Enrollment Chain and Ownership System

Terminology

The table below defines terminology specific to MDPP services.

Term	Description
MDPP Set of Services	Structured health behavior change sessions aimed at lowering the risk of type 2 diabetes by engaging eligible beneficiaries to promote weight loss through healthy eating and physical activity
MDPP Beneficiary	Eligible Part B Medicare beneficiary engaged in MDPP services
MDPP Supplier	An organization with DPP recognition that has enrolled in Medicare as an MDPP supplier to furnish MDPP services to eligible beneficiaries and bill Medicare for these services
MDPP Coach	Employees, contractors, or volunteers who provide MDPP sessions on behalf of an MDPP supplier to MDPP beneficiaries
Supplier Support Needs	Specific needs that MDPP suppliers have as they enroll and furnish MDPP services to eligible beneficiaries
Supplier Support Product	Materials and resources developed to meet the specific support needs of MDPP suppliers
Supplier Support Package	Complementary set of supplier support products developed to meet supplier support needs in different phases of the expanded model