



**Medicare Advantage  
Quality Improvement Project (QIP) &  
Chronic Care Improvement Program (CCIP)  
2014 Annual Update Training**



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The MA Quality Team**

**MAO Training  
October 22, 2014**

# Presentation Overview

- QIP/CCIP Background
- HPMS Enhancements for 2014
- QIP/CCIP Annual Update Requirements
  - Do
  - Study
  - Act Components
- Differences between 1<sup>st</sup> and 2<sup>nd</sup> Annual Updates
- Supporting Resources
- Q&A Session

# QIP/CCIP Background

- **Quality Improvement Program Requirements**
  - CMS regulations 42 CFR §422.152
  - Quality Improvement Project (QIP)
  - Chronic Care Improvement Program (CCIP)
  - Requires progress be reported to CMS
- Focus on Interventions and Outcomes
- Utilize the Plan, Do, Study, Act (PDSA) quality improvement model
- All approved QIPs/CCIPs implemented in January 2013 or 2014

# QIP Background

## **QIP Mandatory topic (3 years)**

- Address 30-day all-cause hospital readmissions
- Expected to have favorable effect on health outcomes and enrollee satisfaction
- QIPs may be clinical and or non-clinical
  - Clinical: disease management/education
  - Non-clinical: process oriented, i.e. care coordination
- Supports the national HHS initiative —Partnership for Patients

# Examples of QIP Focus Areas

- **Improving Care Transitions**
  - Increased Care Coordination
    - Follow-up PCP visits within 7 days of discharge
    - Home visits
    - Community partnerships
  - Medication reconciliation
  - Improving self-care management skills
    - Disease management programs
    - Other educational efforts

# QIP Future Topic

- CMS will mandate a new QIP topic for January 2016
- New QIP topic will be announced mid year 2015
- More details forthcoming in 2015
- This will impact:
  - MAOs that submitted a QIP Plan Section in 2012, and
  - MAOs new for January 2016

# CCIP Background

## CCIP Mandatory topic (5 years)

- Reducing the incidence and severity of cardiovascular disease
- CCIPs must be clinically focused
- Supports the national HHS initiative—Million Hearts
- ABCS of heart disease
  - Aspirin
  - Blood pressure control
  - Cholesterol management
  - Smoking cessation

# Examples of CCIP Focus Areas

- **Disease Management**
  - Self management skills
    - Cardiovascular conditions
    - Chronic conditions (e.g., Diabetes) that lead to development and/or progression of cardiovascular disease
  - Identifying and controlling risk factors
  - Promoting lifestyle modifications
- **Specific Clinical Targets**
  - Blood Pressure control
  - Cholesterol control
  - Medication adherence
- **Care Coordination**
  - Improved Care management
  - Multidisciplinary teams
- **Provider Education**
  - Promoting the use of evidence-based guidelines



# HEDIS Measure for Cholesterol Management

- Current HEDIS measure for cholesterol management will be **retired** in 2015
- New recommendations released
  - Treatment of blood cholesterol to reduce the risk of cardiovascular disease in Adults
- Affects target goals, interventions & primary data source for MAOs
  - Targeting LDL levels to <100, and or
  - Increasing/improving cholesterol screening rates

# New Guidelines

## Treatment of Blood Cholesterol

### In Summary

- There are 4 groups of individuals that have been identified as the “statin benefit group”
- Intensity of statin therapy (i.e. cholesterol medications) should be based on risk factors
- New provider tool to predict cardiovascular risk over a 10 year period
- Lifestyle modifications remain a key component
- Treating LDL levels to a specific target is **no longer** recommended (<100)

# Impact on CCIPs

## **MAOs:**

- Think about how you can incorporate the new guidelines going forward, and
- Consider modifying CCIPs
- Reach out to network providers
- Describe changes accordingly to CCIP in the Action Plan (Act Section)

# Health Plan Management System (HPMS)

- Annual Update submission period
  - November 17<sup>th</sup> through November 25<sup>th</sup>
- The Annual Update
  - Consistent between the QIP and CCIP
  - Tells a story
  - Focuses on essential information
    - What is the value of these efforts?
    - What are we learning collectively?
    - How are you improving care and health outcomes for enrollees?
    - Are you moving closer to your target goals?
    - What modifications are occurring based on lessons learned, best practices, changes in clinical guidelines, etc.?

# HPMS Enhancements

- Changes to some of the auto populated fields
  - Customized depending on 1<sup>st</sup> or 2<sup>nd</sup> year Annual Update
  - Eliminate outdated information
- Decrease in character limits
  - Capture more concise & summarized information
  - Large texts fields decreased from 4,000 to 2,500
- Additional fields for results
  - Allows individual results for up to 3 interventions
  - Provide for clarity of results and participation rates

# Annual Update Requirements

- **DO**

- Implementation of the project

- **STUDY**

- Analysis of the results

- **ACT**

- Action plan, i.e. next steps
- Lessons learned
- Best practices, i.e. promising approaches

# *Do* Section

## 1<sup>st</sup> Annual Update

- **MAO Demographics**
- **Target Goal**
- **Benchmark**
- **Interventions** (auto populated for 1<sup>st</sup> Annual Update only)
- **Target Audience**
- **Timeframe**
  - Specified by CMS:
  - January 1, 2014 through the Annual Update Period

# Do Section

## 1<sup>st</sup> Annual Update (Continued)

### CCIP - Annual Update

**MAO Name:** Example Contract 1  
**Contract Number:** Z0001  
**Identification Number:** Non-SBP  
**Chronic Care Improvement Program (CCIP) Topic:** (M) Decreasing Cardiovascular Disease : XXXXXXXXXXXXXXXXXXXXXXXX  
**Project Cycle:** Contract Year 2014 - Annual Update 1

#### Enter/Edit - DO Section (D) - D. Program Implementation

##### D1. Education

**Type of Education:** Patient Self Management

##### D1a. Patient Self Management from Plan

###### Patient Self Management Entry #1

**Method Training:**  
XXXXXXXXXXXXXXXXXXXXX  
XXXXXXXXXXXXXXXXXXXXX  
**Method Support:**  
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XXXXXXXXXXXXXXXXXXXXX  
**Method Monitoring:**  
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**Method Follow-up:**  
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**Method Other:**  
XXXXXXXXXXXXXXXXXXXXX  
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**Topic Covered Training:**  
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**Topic Covered Support:**  
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**Topic Covered Monitoring:**  
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**Topic Covered Follow-up:**  
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**Topic Covered Other:**  
XXXXXXXXXXXXXXXXXXXXX  
XXXXXXXXXXXXXXXXXXXXX

**D1c. Did you conduct proposed education:**  Yes  No  
**If NO, explain:** (max 2500 characters.)

**D2. Intervention:** Intervention 1

**Planned Intervention:**  
test

**D3. Barriers Encountered:**  Yes  No  
**If YES: What barrier(s)?** (max 2500 characters.)

**If YES: Mitigation: How did you address the barrier(s) encountered?** (max 2500 characters.)



# *Do Section*

## 2<sup>nd</sup> Annual Update

- **MAO Demographics**
- **Target Goal**
- **Benchmark**
- **Action Plan from 1<sup>st</sup> Annual Update**
- **Target Audience**
- **Timeframe**
  - Specified by CMS:
  - January 1, 2014 through the Annual Update Period
  - MAOs will provide cumulative information as appropriate

# Do Section

## 2<sup>nd</sup> Annual Update (Continued)

### CCIP - Annual Update

MAO Name: Example Contract 1  
Contract Number: Z0001  
Identification Number: Non-SNP  
Chronic Care Improvement Program (CCIP) Topic: (M) Decreasing Cardiovascular Disease : XXXXXXXXXXXXXXXXXXXXXXXX  
Project Cycle: Contract Year 2014 - Annual Update 2

#### Enter/Edit - DO Section (D) - D. Program Implementation

##### D1. Annual Update 1 Action Plan:

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D2. Did you conduct proposed education:  Yes  No

Briefly explain your Education efforts for Year 2: (max 2500 characters.)

D3. Barriers Encountered:  Yes  No

If YES: What barrier(s)? (max 2500 characters.)

If YES: Mitigation: How did you address the barrier(s) encountered? (max 2500 characters.)

# Do Section (Continued)

- **Barriers Encountered**
  - YES or NO
  - If YES, what barrier(s)?
- **Mitigation Strategies**
  - If barriers encountered
  - How did you address the barrier(s) encountered?
- **Specific to the CCIP**
- Did you conduct proposed education?
  - YES or NO
  - If NO, explain
  - Applies to 1<sup>st</sup> Annual Update only
  - For 2<sup>nd</sup> Annual Update, MAOs must briefly explain education efforts for year 2

# Study Section

- **Sample Size**
    - Number of plan members in the contract
  - **Numerator**
    - Number of eligible plan members that met the inclusion criteria for participation (as described in the Plan section) and actually **received** project intervention(s)
  - **Denominator**
    - Number of plan members **eligible to receive** project interventions
- \*Note: MAOs can now enter results individually for up to 3 interventions (also includes numerator & denominator)

# Study Section (Continued)

## CCIP - Annual Update

**MAO Name:** Example Contract 1  
**Contract Number:** Z0001  
**Identification Number:** Non-SNP  
**Chronic Care Improvement Program (CCIP) Topic:** (M) Decreasing Cardiovascular Disease : XXXXXXXXXXXXXXXXXXXXXXXX  
**Project Cycle:** Contract Year 2014 - Annual Update 2

### Enter/Edit - STUDY Section (E) - E. Results and Findings

**E1. Goal**

**E2.**

**Benchmark**

**E3. Timeframe:** January 1, 2014 through Annual Update Period.

**E4a. Total Population:** (max 10 digits.)

**E5a. Numerator:** (max 10 digits)

**E6a. Denominator:** (max 10 digits)

**E7a. Results and/or Percentage:**   
(max 50 characters.)

**Additional Intervention Results and Findings:**

Yes

No

**E4b. Total Population:** (max 10 digits.)

**E5b. Numerator:** (max 10 digits)

**E6b. Denominator:** (max 10 digits)

**E7b. Results and/or Percentage:**   
(max 50 characters.)

**Additional Intervention Results and Findings:**

Yes

No

**E4c. Total Population:** (max 10 digits.)

**E5c. Numerator:** (max 10 digits)

**E6c. Denominator:** (max 10 digits)

**E7c. Results and/or Percentage:**   
(max 50 characters.)

**E8. Other Data or Results:** (max 50 characters.)

**E9. Analysis of Results or Findings:** (max 2500 characters.)

# Study Section (Continued)

- **Results**
  - Any available results
  - For reliable and consistent measurement, MAOs should use the same primary data source across years for each quality initiative if feasible
- **Other Results Data**
  - Any other results used to evaluate the project
- **Analysis of Results**
  - Should reflect key aspects of the interventions and how they link to overall improvement
  - 2<sup>nd</sup> Annual Updates should compare results to those documented in the 1<sup>st</sup> Annual Update

# ACT Section

- **Action Plan: (check all that apply)**
  - Revise Intervention
  - Revise Methodology
  - Change Goal
  - Other
- **Action Plan**
  - Next Steps

## Act Section (Continued)

- **Best Practices**

- Identify what seemed to work well
- CMS expects minimal information for 1<sup>st</sup> Annual Updates
- MAOs *may* be able to identify some best practices for 2<sup>nd</sup> Annual Updates

- **Lessons Learned**

- Remains a key element for 1<sup>st</sup> and 2<sup>nd</sup> Annual Updates
- Identify what has impacted the project thus far, both positive and negative
- If interventions had less than favorable results, the MAO may want to consider revisions





# Annual Update Module Confirmation

## CCIP - Annual Update

Your data has been submitted.

Contracts included with Submission		
Contract Number	Plan Number	Contract Name
Z0001	Non-SNP	Example Contract 1

Individuals that will be Notified of Submission			
Contract Number	Role	Name	Email
Z0001	Medicare Compliance Officer	John Doe	john.d@test.com
	Quality Contact	John Doe	john.d@test.com
Z0001		John Doe	john.d@test.com

Thank you for submitting your CCIP Information. An email will be sent to confirm your submission.

OK

Go To: [CCIP Start Page](#)

# Annual Update Module Resubmission

- Necessary when Annual Update requirements are not met
- Further review will occur
- CMS will work with the MAO
  - Identify deficiencies
  - Request a resubmission
  - Review resubmissions

# Important Dates

- MAO Trainings
  - Annual Update Requirements:  
October 22
- Annual Update submission window for MAOs
  - November 17-25
- Annual Update review period
  - December 1-December 31

# QIP/CCIP RESOURCES

## **MA Quality Mailbox:**

[MAQuality@cms.hhs.gov](mailto:MAQuality@cms.hhs.gov)

## **MA Quality Improvement Program Website:**

<http://www.cms.gov/Medicare/Health-Plans/Medicare-Advantage-Quality-Improvement-Program/Overview.html>

## **QIP/CCIP HPMS User Guide:**

<https://gateway.cms.gov/>

Update to be released in November

# Questions???

