

NOURISHING THE ROOTS OF RESILIENCE



Restoring Harmony Powwow 2011

April 30, 2011 Tulsa West Side YMCA 5400 South Olympia Avenue, Tulsa, OK

"Nourishing the Roots of Resilience"

The Tulsa Indian Community Advisory Team (TICAT) presents the 2011 Restoring Harmony Powwow as part of their efforts to promote the National Children's Mental Health Awareness Day, a day nationally recognized on May 3rd, 2011. The Powwow, co-sponsored by Indian Health Care Resource Center of Tulsa, Osage Nation Counseling Center, and Muscogee (Creek) Nation Protecting the Future-Children's Mental Health Initiative, is an event designed to celebrate the national initiative through its message.

The theme for this year's Powwow is "Nourishing the Roots of Resilience" which mimics the national theme, "Building Resiliency in Young Children." The Powwow committee and participants work toward the goal of educating our community about children's mental health issues and increasing access to available social services. We are excited to offer this fun, safe and family-friendly event to the greater Tulsa area, and we envision the Powwow as a day of celebration. There are activities available for all ages, including an awareness hike, dance specials (to honor our youth and elders), educational and vendor booths, and youth speak outs.

This year marks the fourth Restoring Harmony Powwow. Previous Restoring Harmony Powwows were successful due in large part to contributions from and partnerships with Tulsa area tribal and community organizations and agencies. Please keep in mind, we need your support again in 2012 to make the Restoring Harmony Powwow a successful event next year. Support can be given in a variety of manners, from volunteering the day of the Powwow to providing financial support for the event. All organizations, agencies, and individuals that provide support for the Powwow will be recognized on event flyers and through emcee announcements. Whether you are vending, dancing, volunteering, singing or just watching, the committee would like to thank everyone who is participating in today's festivities and hopes to see you again in the future!







10:00 am Arts and Crafts Vendors Set-upMental Health Awareness Walk

AFTERNOON SESSION

12:00 pm Registration opens

Gourd Dance

Opening Prayer

Invocation

Memorial Song - Flag Song

1:00 Gourd Dance and Specials- (afternoon only)

1:20 Introduction of guests and activities

Speaker Presentation

Head Staff Special

2:00 Speaker Presentation

Head Staff Special

3:00 Speaker Presentation

Head Staff Special Men's Iulu contest

Women's war whoop contest

4:00 pm Head staff Special till Supper Break

5:00 pm Supper Break

Head Staff

Head Singer - Oliver Littlecook

Head Youth Singer - Jacob Sterling Roubedeaux

Host Northern Drum - RedLand

Host Gourd Group - Osage Gourd Dancers

Head Lady Dancer - Allie Toineeta

Head Man Dancer - Vernon Tsosie

Head Girl Dancer - Andi Parnacher

Head Boy Dancer - Joe Don Waters, Jr.

Co-Emcee - Mark A. Wilson

Co-Emcee - Bobby Robedeaux

Arena Director - Larry Tsosie

Youth Arena Director - Trevor Kent

Many Thanks to our 2011 Powwow Sponsors

Indian Health Care Resource Center of Tulsa, Inc. CHIPRA Program

Osage Nation Counseling Services

Muscogee (Creek) Nation - Protecting the Future

Tulsa Indian Club

Counseling & Recovery Services of Oklahoma

Shadow Mountain Behavioral Health System

A New Way Counseling Center

Association of American Indian Physicians

Cover art: Youth art contest winner.

Catherine Moses - 9th grader at Muscogee High School.



COUNSELING & RECOVERY SERVICES OF OK

Program continued from page 1

EVENING SESSION

6:00 Grand Entry Honor Guard

Dance Contest Registration Closes

Invocation

Memorial Song - Flag Song

Introductions

Round Dance Songs

6:30 Speaker Presentation 6:50 Intertribal Dancing

7:00 **Contest –**

Golden Age Women (55 and older)

Combined all categories
Golden Age Men (55 and older)

Combined all categories

Tiny Tots (6 and under)

Intertribal Dancing

Intertribal Dancing

8:00 Speaker Presentation

Contest -

Teens/Jr. Boys (ages 7-18)

Fancy, Traditional / Grass, Straight

Teens/Jr. Girls (ages 7-18)

Fancy / Jingle, Cloth, Buckskin / Traditional

Two Step

9:00 Intertribal Dancing

Speaker Presentation Intertribal Dancing

Buffalo Dance / Trot Dance / Blanket Dance /

Shield Dance / Two Step

Intertribal Dancing

10:50 Veteran songs - Good night! See you next year!

Head Singer – Oliver Littlecook

"I would like to thank the committee for asking me to be head singer. It is always an honor to be asked to help with the drum and bring singers. I will do my best. I really enjoy the cultural life of our Indian people and am always willing to help in some manner, especially when it comes to our children and grandchildren. May we all have a wonderful time and I hope you will enjoy the music."

Head Youth Singer - Jacob Sterling Roubedeaux

Jacob Sterling Roubedeaux is from the Otoe-Missouria, Osage, Sac/Fox and Comanche tribes. He currently resides in Red Rock, Oklahoma with his parents Jade and Tesa Roubedeaux as well as his three brothers and two sisters. Jacob is 13 years old and attends Frontier Middle School where he participates in both basketball and baseball. His hobbies are playing golf and fishing.

Jacob is the grandson of Oliver and Theresa Littlecook of Ponca City, OK as well as Frank Roubedeaux of Red Rock, OK and Patricia Grady of Redondo Beach, CA. He is also the great grandson of Irene Lazelle of Hominy, OK and Delores Goodeagle of Pawhuska, OK and Cleste Roubedeaux of Red Rock, OK.

At the age of one, Jacob's great grandfather, the late Joseph Richard Roubedeaux, gave Jacob his Indian name during a Native American Church ceremony. Jacob comes from the Bear Clan of the Otoe-Missouria tribe and his Otoe name means "Big Standing Bear."

Jacob would like to thank the Committee for asking him to be Youth Head Singer, this is his first time being asked and one that he will remember for the rest of his life. He will do his best. Thank you.

Host Northern Drum - RedLand

Founded in 1968, this group has developed into national prominence in the artistic style of Plains music tribal cultural knowledge. Today, the group consists of eighteen members representing an association with ten federally recognized tribes. Since their founding, the group has had the privilege to travel across the nation to many tribal or Indian organizational events to serve as host drum and are recognized for their unique style of singing both 'northern' and 'southern' styles. In retrospect, members of the group were not accomplished or knowledgeable singers at the outset. Because of their individual interest to learn, they have become well-established individuals through repetitive training to become singers. Each participates actively within their own tribal Traditions, thus enhancing their knowledge in a spiritual way.

Host Gourd Group - Osage Gourd Dancers



The Osage Gourd
Dancers were founded
several years ago
with the permission
and blessing of the
Kiowa Gourd Clan at
Carnegie, OK. Although
the Club has grown
and changed over the
years, the original Club
was comprised of men

from Osage County who enjoy the art and fellowship of Gourd Dancing. This dance honors our veterans and has been carried on with grace and dignity.

The Osage Gourd Dancers has served as members of the Head Staff for numerous powwows. Their respect for tradition and good-natured humor has contributed to their popularity.

The Osage Gourd Dancers are honored to represent the committee as Host Gourd Group and would like to thank them for choosing the Osage Gourd Dancers.

Head Lady Dancer - Allie Toineeta



Hah-weh Dah-hey Ninksheh. My name is Allie Toineeta. I have both an Osage and a Kiowa name, my Osage name, He-atoie, means Looking at the Eagle and my Kiowa name, Paw-key-my-taun, means Girl with a Halo. My parents are Lance and Angela Satepauhoodle Toineeta. My only brother is Lance

Michael Toineeta. My maternal grandparents are the late Evans Ray and Genevieve Oberly Satepauhoodle, paternal grandparents are Michael Dennis and Melody Toineeta of Denver, CO and Beverly Goebel of Bartlesville. Great-grandparents are Alfred Oberly and Beulah Cole Jackson, Sam and Nellie Doyah Satepauhoodle, Loney and Mabel Alley Toineeta and Kate Moreland.

I am descended from 4 original Osage allottees: Chief John Oberly, Sarah Petsemoie, Fidalis Cole and Pearl Cayou; a descendant of Saint-Thigh-Geah of the Kiowa, William Alley, Jr. of the Iowa, Nannie Childs of the Otoe-Missouria, and George Toineeta of the Eastern Band of Cherokee.

I graduated May 2010 with a Bachelor Degree of Science in Recreation from Southeastern Oklahoma State University. I am employee of the Osage Nation as a Receptionist & Administrative Assistant.

I come before you with a good spirit to thank everyone for allowing me this opportunity being selected as the Head Lady Dancer and to be a part of the Restoring the Harmony Powwow. It is a privilege I welcome. The Indian has a beautiful way of life. The majority of us are happy to campout on weekends and enjoy a good powwow. Many thanks to the Restoring the Harmony Committee and the students and parents involved and God bless you – everyone.

Head Man Dancer - Vernon Tsosie



Vernon Tsosie is an enrolled member of the Otoee-Missouria Tribe and is also of Kiowa, Quapaw and Navajo descent. He is the son of Larry and Pauline Tsosie of Claremore, OK. His grandparents are the late Vernon Sr. and Billie Atkins and the late Howard and Flora (Prentiss) Tsosie. He has two sisters and two brothers. Vernon currently works as a painter and welder for Iron Décor. Vernon enjoys participating at powwows as a Champion Fancy Dancer as well as Singer. He would like to thank the Restoring Harmony Powwow for asking him to accept the position as this year's Head Man Dancer.

IHCRC Drum Group at the 2010 Restoring Harmony Powwow. All are welcome who want to sing and drum.



Head Girl Dancer – Andi Parnacher



Andi Parnacher is the 9 year old daughter of Randy Parnacher and Cheryl Anquoe-Parnacher and is Kiowa, Chickasaw and Choctaw. On her 6th birthday, Andi was given her Kiowa name, Gohm'ee (meaning Wind Girl), by one of her Kiowa grandfathers, Truman Anguoe Sr. She is the current Confined Inter-Tribal Group. Jr. Princess and also served as Little Miss Indian Oklahoma City in 2008.

Andi attends the 3rd

grade at Destiny Christian School and enjoys church activities at Destiny Christian Center, Jingle Dancing, and playing basketball and soccer. Andi is happy and excited to serve as the Head Little Girl Dancer at the 2011 Restoring Harmony Powwow.



Head Boy Dancer - Joe Don Waters Jr.



Joe Don Waters, Jr. is the 14 year old son of Joe Don and Kim Waters, Sr. of Owasso, Oklahoma. He is of the Ponca, Kiowa, Creek and Choctaw tribes. Joe Don's grandparents are Dr. Pete and JoAnna Coser of Stillwater and Alan and Modina Waters of Ponca City. He has one sister, Savannah, and two brothers, Jaden Brave and Kugay Wahohn.

Currently, Joe Don is an 8th grader attending the Owasso 8th Grade Center where he participates in the Track and Field teams throwing discus and shotput. Joe Don enjoys

skateboarding, video games, and attending powwows. He has placed at many dances in Oklahoma and out of state in the Northern Traditional category and has also been filmed for commercials shown in Europe. Joe Don's plans are to attend college majoring in mechanical engineering emphasizing plane and engine design.

Joe Don would like to thank the Restoring Harmony powwow committee for this opportunity as head boy dancer and recognize the organization for their efforts in promoting healthy lifestyle among the Native youth.

Weeh bthah hohn!



Mark A. Wilson - Co-Emcee



Mark A. Wilson, an enrolled member of the Cherokee Nation, currently serves as the Tribal Liaison in the Center for Clinical and Translational Research for the OU School of Community Medicine at the OU-Tulsa Schusterman Center. Mark has well over 15 years of professional experience with the University of Oklahoma, primarily in the area of recruitment and outreach in Native American communities. He also had an appointment with the Native American Center of Excellence for OU's Colleges of Medicine and Dentistry prior to moving to his current position.

Mark is a proud husband and father. He and

his family reside in Sand Springs, OK. He stays active with his Native American traditional ways. He is a member of the Southern Champion Drum Group, "Sizzortail." He has served as emcee, arena director and Head Gourd Dancer at numerous pow wows all across Indian Country, most recently at the Red Earth Festival in Oklahoma City. He is especially proud to have been asked by American Indian college student groups to serve on Head Staff at Stanford, UCLA, SDSU, Fort Lewis College, SEOSU, University of Arkansas, OSU and, as well, at OU.

Mark has been a staunch supporter of equality and access to higher education for Native Americans, and has been a Gates Millennium Scholar (GMS) Ambassador for many years, as well as a faculty member for the Native American College Horizons Program. His current path has him working in the area of wellness and research to better meet the health needs of our Native families. He is Board President for the local Tulsa Green Country Chapter of the Juvenile Diabetes Research Foundation (JDRF), serves on the National Diversity Leadership Committee for the American Heart Association, President-Elect for the Oklahoma Council for Indian Education (OCIE) and serves on the Board of Directors for the North Tulsa Heritage Foundation. He is also an active member of the National Indian Education Association.

Mark and his family wish to thank the host committee for asking him to serve on Head Staff at this year's Restoring Harmony Powwow!

Bobby Robedeaux - Co-Emcee

Hello, my name is Bobby Robedeaux. I am 29 years old and a member of the Pawnee Tribe. I am the son of Jess B. Robedeaux (Pawnee/Otoe) and Terri Buffalohead (Ponca). I reside in Skiatook, OK and am the proud father of three children: Jocelyn (7), Jess (6), and Rese (4). For the past four years I have been employed by the Department of Interior (Bureau of Indian Affairs) as a Wildland Firefighter and Disaster Relief Responder. I also enjoy coaching football, baseball, softball, soccer and wresting for my children. I feel it is important to involve my children in their culture at traditional ceremonies and social events.

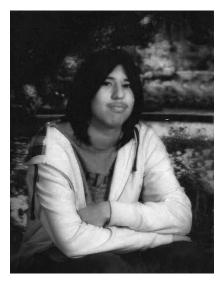
I would like to welcome everyone to the Restoring Harmony Powwow and wish everyone a fun and safe time. Thank you to the committee for this opportunity to serve as Master of Ceremonies for their powwow.

Arena Director - Larry Tsosie



Mr. Larry Tsosie is of the Kiowa and Navajo Tribes and dances Men's Fancy. He enjoys travelling all over with his family and currently works for the City of Glenpool. Larry would like to thank the powwow committee for asking him to serve as the Arena Director.

Youth Arena Director - Trevor Kent



Trevor Vaughn Kent is a 17 year old attending Ponca City High School. He is very active in all sports, at the present time he is participating in track, also the MSPI Native youth bowling league and the Men's Astro Bowling League. One of Trevor's favorite hobbies is Disc Golf, which is becoming very popular with the youth in Ponca City.

Trevor is a member of the Pawnee, Ponca, Otoe-Missouria, and Iowa tribes. His parents are Garland Jr. and Kathie Kent, and the late Angie KnifeChief Kent. His grandparents

are Garland and Lucy Kent of the Ponca, Otoe-Missouria, Pawnee, and Iowa tribes and Manuel and Carolina KnifeChief of the Pawnee, Otoe-Missouria, And Iowa tribes. Trevor and his family are honored the 2011 Restoring Harmony Powwow Committee has asked him to be the Youth Arena Director for this year's celebration.

Trevor would like to say, "Thank you for the honor of allowing me to be the Youth Arena Director for this year's powwow."



Definitions

GRAND ENTRY marks the beginning of each Pow wow. The dancers enter to the sound of the drum and gather to create the circle. It is an honor to watch these proud dancers as they follow the same footsteps as our strong ancestral leaders have generations before us.

FLAG SONGS are said to be the equivalent of the United States National Anthem. Many tribes have a song which accompanies the raising of the American Flag and Eagle Staff over the dance arena. This is the time that all respectfully stand in reverence.

MEMORIAL SONGS honor the men and women who have defended and fought for their people in various battles. The singers sing a special honoring song to which only veterans and sometimes their family may dance. All other spectators stand in silence.

BLANKET DANCES are in order to collect tokens of appreciation for a specific singer(s) or dancer. Many of the singers travel many miles without the expectation of financial gain, donations collected help offset travel expenses. The audience is encouraged to dance regardless of whether they are wearing Indian regalia.

SOCIAL DANCES are dances in which audience participation is encouraged. The round dance is a circular dance which represents friendships and symbolizes equality to one another. The Two Step or Sweethearts dance is a ladies choice partner dance. Gentlemen if you are asked, it is customary to dance or give the lady \$5.00 if you refuse. Couples of all ages are welcomed to participate.

INTER-TRIBALS are dances in which people of all nations and ages are invited to share in the dancing. The audience is invited to dance regardless of whether they are wearing Indian regalia.

GIVEAWAYS are an old traditional way that American Indians honor their loved ones and express gratitude. To offer a gift is to give something that is of value to you, and because it is valuable, you want to share it with someone else. In this way you honor that person with your gift. In the old traditional way this act of giving is noted to be a sign of distinction. Your wealth is not measured by your material possessions but by how you express your gratitude through a giveaway.

Powwow Etiquette

- Be on time. The committee is doing everything possible to ensure activities begin and run smoothly. Please cooperate in this regard.
- Appropriate dress and behavior is required in the Arena. Anyone unwilling to abide by this rule will be asked to leave by the Arena Director. If you are going to dance, try to wear dance clothes.
- Arena benches are reserved for dancers. Dancers wishing to reserve a space on the bench should place a blanket in that space before the dance begins. Please do not sit on someone else's blanket unless invited. Uncovered benches are considered unreserved.
- 4. Listen to the Master of Ceremonies. He will announce who is to dance, and when.
- Respect the position of the Head Man and Head Woman Dancers. Their role entitles them to start each song or set of songs. Please wait until they have started to dance before you join.
- 6. Dance as long and as hard as you can. When not dancing, be quiet and respect the Arena.
- Be aware that someone standing behind you may not be able to see over you.
 Make room, step aside, sit or kneel if someone is behind you.
- 8. Show respect to the flag and honor songs by standing during "Special" songs, stand in place until the sponsors of the song have danced a complete circle and have come around you, then join. If you are not dancing, continue to stand quietly until the song is completed.
- 9. While dancing at any Powwow, honor the protocol of the sponsoring group.
- 10. Some songs require that you dance only if you are familiar with the routine or are eligible to participate. Trot, Snake, Buffalo Dances, etc. require particular steps or routines. If you are not familiar with these dances, observe and learn. Watch the Head Dancers to learn the procedures. Only Veterans are permitted to dance some Veteran's Songs, unless otherwise stated; emcee will instruct.
- 11. The Flag Song, or the Indian National Anthem, is sung when the American Flag is raised or lowered. Please stand and remove hats during the singing of this song. It is not a song for dancing.
- 12. Powwows are usually not for profit. It depends upon donations, raffles, blanket dances, etc. for support. Donations are encouraged as a way to honor someone. During a Blanket Dance any participant can drop money onto the blanket to aid in the powwow expenses. You may support the Committee and buy raffle tickets.

- 13. Certain items of religious significance should be worn only by those qualified to do so. Respect the traditions.
- 14. Giveaways, attributes of Indian generosity, are held at many dances. They are acknowledgments of appreciation to recipients for honor given. When receiving a gift, the recipient thanks everyone involved in the giving. NOTE: All specials and giveaways must be coordinated with the Master of Ceremonies. Please remember, it is traditional to make a monetary contribution to the Drum for this request clear this through the emcee.
- The Drums are sometimes closed, check with the Head Singer for permission to sing.
- 16. If at any time you are uncertain of procedure or etiquette, please check with the emcee, Arena Director, or Head Singer. They will be glad to help you with your questions.
- Take a chair. Most powwows will not have seating for the public or enough seating for everyone. Also remember benches in the arena are for dancers only.
- 18. No alcohol or drugs are allowed at powwows.
- 19. If taking pictures, ask the dancer first. Remember common courtesy and ask for permission. Group photographs are usually alright to take, but you might want to ask the committee first.

Remember that in each area you travel to and visit, things can and will be slightly different than your area. Different groups have different customs and methods of doing things. Different is not wrong, just different. Be respectful of the uniqueness of each area.

TULSA INDIAN CLUB, Williams &

Muscogee Creek Nation Present:

DAY-OHN-DAY

5K Run & Walk * 8:00am Saturday May 28, 2011 Mohawk Park – Shelter #3

> USATF Sanctioned & Certified Course Awards 3 deep in standard age brackets Clydesdale, Filly & Team Award Top 3 male / female for Fun Run

> > PRE-REGISTRATION:

Runner's World 4329 S Peoria Tulsa, OK (May 23rd thru 27th) 918-2417

tici@tulsapowwow.org

3rd Chiefs Challenge!
Award given to the tribal leader who
participates & brings members to
rromote a healthy lifestyle for his / her
tribe.

1st Princess Challenge! Inviting tribal & powwow royalty 15

Men's Dances

MEN'S STRAIGHT DANCE from Oklahoma has evolved from the Hethuska dances, which is a traditional warrior's dance from a warrior society from long ago. A notable part of the Straight dance outfit is the long trail that hangs in the back of the dancer's clothing almost to the floor. Many say this warrior society was so fierce that after seeing an enemy they would take their knife and stake their long trail to the ground then taunting the enemy as if to say "Bring it on, I'm not going anywhere". This warrior's dance has evolved to a prideful Southern traditional dance. Smoothness, precision with the song, knowledge of dance etiquette, and a powerful sense of pride mark the outstanding straight dancer.

MEN'S NORTHERN TRADITIONAL dancer is a modern evolution of tribal outfits from the tribes of the Northern Plains such as Sioux, Blackfoot, Crow, Omaha and others. The distinctive feature of the men's traditional outfit is the one bustle worn on the back of the dancer. The bustle is usually the U-shaped type with a single row of wing or tail feathers and two spikes pointing upward. The movement in this style is one sometimes characterized as re-enacting the movement of a warrior searching for the enemy. Every dancer is different and each tells a story in his own style.

MEN'S GRASS DANCE comes to us from the Northern Plains tribes. The Grass Dance is distinct by their outfits of long fringe which represent the long tall grass of the northern prairies. In the northern territories long ago these dancers were called upon to prepare the grounds of a celebration or campsite. They would dance among the tall grass laying the grass down allowing the other dancers and or the camp to be set up. Their reasoning was that when the celebration was over or the camp was moved to another location, the long tall grass would then stand back up and it would be as if no one was there at all, making it difficult for enemy tribes to track them.

MEN'S FANCY DANCE is the most modern of all men's style of dances and was originated in Oklahoma. Their outfits are distinct with bright colors and two large bustles on the backside and neck of the dancer. Their movements are fast and agile. Their dance is said to emulate the power and beauty of a wild horse. They also wear angora leggings around their legs which is said to represent power from mountain goats which will help the dancers maintain their footing while they initiate intricate steps.

Women's Dances

BUCKSKIN is the oldest form of women's dance. This is a dance of elegance and grace. The ladies wear fine, hand-crafted buckskin dresses, decorated with intricate bead designs. Equally beautiful, Northern dresses have fully beaded tops while Southern dresses have beadwork mainly used as an accent. As the dancers stay in beat with the drum their feet stay in constant contact with ground, representing the close contact and respect for Mother Earth.

CLOTH is the traditional dance of Northern and Southern Plains women as well. The Southern style is danced by the Kiowas, Osage, Ponca, and others. The Northern style is danced by the Sioux, Crow, and others. There are many tribal variations in the clothing including wearing a cloth dress or a wool dress. These dresses were adopted from the buckskin dress at the turn of the century as trade cloth was more midely used and adapted into Native cultures.

WOMEN'S JINGLE DRESS is also called a medicine dres coming from the Northern Ojibwa tribe. They believed the dress was seen in a dream, as an object to bring healing to afflicted people. In their stories, there was once a young girl who was deathly ill. Her grandmother had a dream which told her to make this dress. The dress was made, placed on the young girl and others sang as she danced. It is believed this dress holds healing medicines as she became well again. Jingle dresses are made with rolled up snuff can lids that are hung with ribbon.

WOMEN'S FANCY SHAWL is the newest form of women's dance, and is quite athletic! Fancy Shawl comes from the Northern tribes along the US-Canadian border. Many describe the dancers as mimicking butterflies in flight, as the dance style is quite graceful and light. Particularly emphasis is paid to the shawls, with elaborate designs and appliqué.

GOURD DANCE is not a "powwow style" of dance. Originally with the Kiowa tribe, today there are several Gourd Dance societies or groups. During each song the dancers move around the circle slowly dancing and shaking their gourds. As the song ends all the dancers howl out of respect and to honor the red wolf, which is said to have brought this dance to the Kiowa.



Bringing Health Insurance to Native Children

CHIPRA offers no cost health insurance to children from families with incomes too high to qualify for Medicaid and too low to afford private health insurance.



CHIPRA/SoonerCare Program

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