Health Insurance Marketplace

Losing Job-based Coverage

If you lose your health insurance through your employer or a family member's employer, you have 2 main options for staying covered.

Option 1: Get health coverage through the Marketplace

- Apply for coverage through the Marketplace to find out if you can get a Marketplace health plan through a Special Enrollment Period.
 - Create an account or log into an existing one at HealthCare.gov. You can also contact the Marketplace Call Center at 1-800-318-2596 (TTY: 1-855-889-4325).
 - When you apply, choose "No" when asked if you currently have health coverage or if you're offered health coverage through your job. When asked if anyone recently lost qualifying health coverage, select the names of all the people on your application who lost job-based coverage.
 - Keep any documents related to your job-based coverage, including evidence that your coverage has ended or will soon end. You may need them when you apply with a Special Enrollment Period.
 - You'll have 60 days to enroll in the Marketplace from the time your coverage ends, which may or may not be the last day of employment. You can also pick a Marketplace plan **up to 60 days before** your coverage ends, so that your Marketplace coverage starts as soon as possible after your jobbased coverage ends.

Note: Voluntarily dropping coverage doesn't qualify you for a Special Enrollment Period unless your household income decreased, you voluntarily left your job, or a change in your previous coverage made you newly eligible for savings on a Marketplace plan.

- Find out if you qualify for cost savings.
 - After you apply, you'll find out if you qualify for the premium tax credit to lower your monthly premiums and extra savings on out-of-pocket health care costs, like deductibles and copayments.
 - You'll also find out if you qualify for **free or low-cost** coverage through Medicaid or the Children's Health Insurance Program (CHIP).

Note: You can apply for and enroll in Medicaid or CHIP any time — you don't need a Special Enrollment Period.

- **Pay your first premium** to start your coverage.
 - Your coverage won't start until you do this.
 - Once you enroll, you'll pay your premiums directly to the insurance company not to the Marketplace.
 - Be sure to pay your monthly premiums on time or the insurance company could end your coverage.
 - If you enrolled in a plan with a \$0 premium, you can contact your plan if you have questions.
 - Learn more at HealthCare.gov/apply-and-enroll.

How soon can Marketplace coverage start?

- If you've already lost coverage, your Marketplace coverage can start the first of the month after you select a plan. For example, if you apply and enroll in a Marketplace plan by May 31, your new coverage can start June 1.
- If you know you'll lose coverage within the next 60 days, you can submit an application on HealthCare.gov before your coverage ends. For example, if you know you'll lose coverage on April 30, apply and enroll in a Marketplace plan any time in March or April and your new coverage can start May 1.

Not ready to apply?

- Preview plans and prices based on your income at HealthCare.gov/see-plans.
- When you fill out a Marketplace application, you'll need to estimate your expected income. Visit HealthCare.gov/income-calculator to get help estimating your income.

Option 2: Get COBRA coverage

You may be able to buy **COBRA continuation coverage** through your former employer (for you and your family), usually for up to **18 months**.

- You'll probably have to pay the entire monthly premium yourself, plus a small administrative fee because employers don't have to help pay for their employees' coverage under COBRA.
- While you're enrolled in COBRA coverage, you won't be eligible for any savings on your premiums or out-of-pocket costs that you would get through the Marketplace, if otherwise eligible.
- Once enrolled in COBRA, you can change to a Marketplace plan during the yearly Open Enrollment Period from November 1 – January 15, or when you qualify for a Special Enrollment Period once your COBRA coverage ends. You can also apply for and enroll in Medicaid any time. If you qualify, you can drop your COBRA coverage early.

If you're already enrolled in COBRA, you may have options in the Marketplace and may still qualify for a Special Enrollment Period due to:

- Loss of coverage. You have 60 days before or 60 days after your loss of pre-COBRA job-based coverage to enroll in Marketplace coverage. You may also qualify for the premium tax credit if you end your COBRA coverage, or if you didn't accept it to begin with. If you plan to drop your COBRA coverage before your Marketplace plan would start, you can select "No" when the application asks if you're currently enrolled in COBRA coverage.
- Changing costs, like if your COBRA coverage costs change because your former employer stopped contributing, so you have to pay the full cost.
- A COBRA extension costing too much, so you decide not to take it.

Visit HealthCare.gov/unemployed/cobra-coverage to learn more about COBRA coverage and the Marketplace.

How can I learn more?

To learn more about coverage through the Marketplace or your benefits and protections, visit **HealthCare.gov** or call the Marketplace Call Center at 1-800-318-2596. TTY users can call 1-855-889-4325.

You have the right to get your information in an accessible format, like large print, braille, or audio. You also have the right to file a complaint if you feel you've been discriminated against.

Visit CMS.gov/About-CMS/Web-Policies-Important-Links/Accessibility-Nondiscrimination-Disabilities-Notice, or call 1-800-318-2596. TTY users can call 1-855-889-4325.

Health Insurance Marketplace

CMS Product No. 11799 April 2024

This product was produced at U.S. taxpayer expense. Health Insurance Marketplace[®] is a registered service mark of the U.S. Department of Health & Human Services.



HealthCare.gov