

A Checklist to Keep Children Healthier

Your health insurance may now cover more than ever. Talk with your doctor or health care provider to find out what tests or other services you or your family member may need.

| ✓ | <i>Preventive service</i> | <i>Date</i> | <i>Notes</i> |
|---|-------------------------------------------------------------------------------------------------|-------------|--------------|
| | Autism screening for children at 18 and 24 months | | |
| | Behavioral assessments for children of all ages | | |
| | Blood pressure screening for children | | |
| | Cervical dysplasia screening for sexually active females | | |
| | Depression screening for adolescents | | |
| | Developmental screening for children under 3 | | |
| | Drug & alcohol use assessments for adolescents | | |
| | Dyslipidemia screening for children at higher risk of lipid disorders | | |
| | Fluoride chemoprevention supplements for children without fluoride in their water source | | |
| | Gonorrhea preventive medication for the eyes of all newborns | | |
| | Hearing screening for all newborns | | |
| | Height, weight and body mass index measurements for | | |
| | Hematocrit or hemoglobin screening for children | | |
| | Hemoglobinopathies or sickle cell screening for newborns | | |
| | HIV screening for adolescents at higher risk | | |
| | Hypothyroidism screening for newborns | | |
| | Immunization vaccines for children from birth to 18 | | |
| | Iron supplements for children 6 to 12 months at risk for anemia | | |

| ✓ | Preventive service (continued) | Date | Notes |
|---|----------------------------------------------------------------------------------------------------------------|-------------|--------------|
| | Lead screening for children at risk of exposure | | |
| | Medical history for all children throughout development | | |
| | Obesity screening and counseling | | |
| | Oral health risk assessment for young children | | |
| | Phenylketonuria (PKU) screening in newborns | | |
| | Sexually transmitted infection (STI) prevention counseling and screening for adolescents at higher risk | | |
| | Tuberculin testing for children at higher risk of tuberculosis | | |
| | Vision screening for all children | | |

Visit HealthCare.gov to learn more about affordable health coverage.

