



# **UNITE Natives 2024 Part 1 – Resilient: Preserving Our Culture Through Our Elders**

May 22, 2024

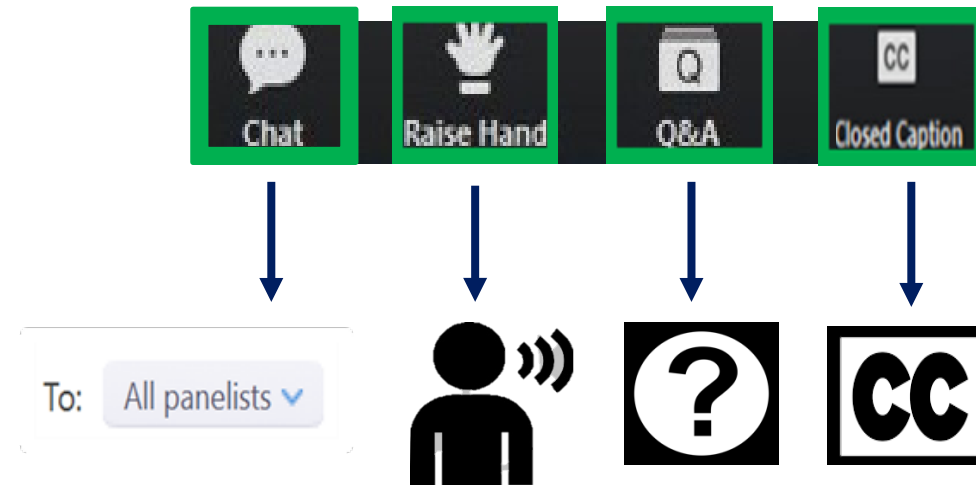


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# U.N.I.T.E.

Uniting Nursing Homes In Tribal Excellence

## UNITE Natives 2024 Part 1 – Resilient: Preserving Our Culture Through Our Elders

May 22, 2024

# Presenters



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# Objectives

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- Define current skilled nursing facility Quality Reporting Program measures related to discharge from post-acute care and 30-day post-discharge readmissions
- Explain how telemedicine and remote therapeutic/physiologic monitoring can increase the likelihood of successful care transitions for Native elders
- Suggest common-sense approaches to engagement with acute care partners, including collaborative use of clinical pathways and outcomes sharing
- Discuss the role of social determinants of health Z codes in quality improvement initiatives



# Introduction

The evolution of post-acute care has challenged providers to reach beyond their individual care settings to better support relationships across the health care spectrum.

This shift is evidenced in current CMS Quality Reporting Program measures related to supporting effective care transitions and the recently allowed flexibility to provide care via telehealth and remote therapeutic and physiologic monitoring.

This webinar will highlight practical ways to engage with acute care, skilled nursing facilities, and other care settings within the Native community.

# Section GG's Role in Resident Assessment

## Residents may be at risk of further functional decline

- The amount of assistance needed, and the risk of decline, vary from resident to resident
- A wide range of physical, neurological, and psychological conditions and cognitive factors can adversely affect physical function
- Dependence on others can lead to feelings of helplessness, isolation, diminished self-worth, and loss of control over one's destiny
- As inactivity increases, complications such as pressure ulcers, falls, contractures, depression, and muscle wasting may occur



# Section GG: Documentation Scenarios

**Independent – Resident can do ALL things**

**Assistance needed with set-up or clean-up**

- Helper needed before or after activity only

**Supervision or touching assistance**

- Verbal cues
- Touching/steadying/contact guard
- Supervision
- Non-weight bearing

# Section GG: Documentation Scenarios

## **Moderate assistance**

- Helper does less than 50% of the work
- Resident participates by watching the dancing, touching the fabrics, and remembering the past while being present today

## **Substantial assistance**

- Helper does more than 50% of the work (i.e., provides direct side-by-side support of the resident at the activity)
- Resident enjoys the sight, sounds, and smells of the event

## **Maximum assistance**

- Helper does ALL of the activity—two people help get the resident engaged in the activity
- Resident is positioned, supported, and talked through the event to ensure participation

Adapted from RAI User's Manual, GG-14

# Community Fishing Trip



**Preparation for such an event can be integrated into care plans**



# Examples of Activities for Independent Elders



# Access to Tribal News – Tohono O’odham Connections



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# TONCA TV Wins Innovation Award from Arizona LeadingAge



<https://www.youtube.com/watch?v=wpQyz8B6hug>

# Access to Tribal Activity – Connections





# Photos from Each Community



Person-centered activities in Indian Country

# Community Connection

- **Role of elders:** Valued members of the community, repositories of wisdom, cultural leaders, educators of the younger generations
- **Importance of community involvement:** Promotes socialization, provides emotional support, and reduces feelings of isolation
- **Nursing home's role:** Facilitates community engagement through events, volunteering opportunities, and mentorship programs

# Access to Tribal Rodeos – Connections



# Tailored Health Care Programs

- **Prevalent health issues:** Discuss specific health problems common in the tribe that the nursing home is equipped to address
- **Specialized care:** Availability of specific programs to manage chronic diseases, mental health issues, rehabilitation services
- **Collaboration potential:** Partnerships with other health institutions for specialized services, research, training



**Questions?**

