

The CMS Medicare-Medicaid Coordination Office (MMCO) is pleased to announce the following training opportunity:

### **Navigating COVID-19: Supporting Individuals with Dementia and their Caregivers**

**Date/Time:** Tuesday, June 23, 2020, 12:00pm – 1:30 pm EDT

**Registration Link:** [https://www.resourcesforintegratedcare.com/Older\\_Adults/2020\\_Webinar/COVID-19\\_Supporting\\_Individuals\\_with\\_Dementia\\_and\\_Caregivers](https://www.resourcesforintegratedcare.com/Older_Adults/2020_Webinar/COVID-19_Supporting_Individuals_with_Dementia_and_Caregivers)

The current COVID-19 emergency presents new and unique challenges for individuals diagnosed with Alzheimer's disease and related dementia (ADRD) as well as the family and friends providing care for them. Nineteen percent of all dually eligible beneficiaries have ADRD.<sup>1</sup> Older adults, including people with ADRD, are more susceptible to COVID-19 and more likely to experience severe outcomes of the disease.<sup>2</sup> Dementia-related cognitive impairment may also increase risk for infection, as a result of poor infection control and reduced symptom awareness.<sup>3,4</sup> Additionally, social isolation and changes in routine as a result of COVID-19 may lead to confusion, irritability and agitation, and sleep difficulty for individuals with ADRD.

Providers and health plans can play a key role in supporting individuals with ADRD and their caregivers as they navigate these challenges. This webinar will provide information on how COVID-19 affects and presents in people with ADRD, strategies for family and friend caregivers for supporting those with ADRD living at home during COVID-19, and opportunities for health care systems to prepare to meet the needs of people with ADRD diagnosed with COVID-19. By the end of this webinar, participants should be able to:

- Describe how COVID-19 may present in older adults with ADRD, and unique challenges facing individuals with ADRD and their caregivers during the COVID-19 public health emergency
- Identify strategies for supporting family and friend caregivers of older adults with ADRD during COVID-19 to build a daily routine, implement and use infection prevention measures, and plan ahead in case they are diagnosed with COVID-19
- Identify key considerations for providing care to people with ADRD diagnosed with COVID-19 across health care settings

#### **Featured Speakers:**

- Freddi Segal-Gidan, PA, PhD; Director, USC-Rancho California Alzheimer's Disease Center (CADC), Assistant Professor Clinical Neurology and Family Medicine, Keck School of Medicine of USC
- Joseph Herrera, MSW; Director, Outreach and Education, USC-Rancho CADC

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<sup>1</sup> Office for the Assistant Secretary for Planning and Evaluation. *National Plan to Address Alzheimer's Disease: 2018 Update*, 2018. Retrieved from <https://aspe.hhs.gov/report/national-plan-address-alzheimers-disease-2018-update/strategy-2g-advance-coordinated-and-integrated-health-and-long-term-services-and-supports-individuals-living-alzheimers-disease-and-related>

<sup>2</sup> CDC. *Coronavirus Disease 2019 (COVID-19)*, 2020. Retrieved from <https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/summary.html>

<sup>3</sup> Wang, H., et al. *Dementia care during COVID-19*, 2020. Retrieved from [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)30755-8/fulltext#seccestitle10](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)30755-8/fulltext#seccestitle10)

<sup>4</sup> Ellison, J. *Coronavirus and Alzheimer's Disease*, 2020. Retrieved from <https://www.brightfocus.org/alzheimers-disease/article/covid-19-and-alzheimers-disease>

- Jennifer Schlesinger, MPH, CHES; Director, Professional Training and Healthcare Services, Alzheimer's Los Angeles
- Tom von Sternberg, MD; Senior Medical Director of Geriatrics, Home Care, and Hospice and Case Management, HealthPartners

#### **Intended Audience:**

This webinar is intended for a wide range of stakeholders, including frontline workers; caregivers; staff at health plans, including Medicare-Medicaid Plans (MMPs), Dual Eligible Special Needs Plans (D-SNPs), and managed LTSS plans; and other health care and community-based organizations who are interested in strategies for supporting individuals with ADRD and their caregivers during the COVID-19 public health emergency.

#### **Registration Information:**

After clicking the registration link hosted on <https://www.resourcesforintegratedcare.com> and completing the registration form, you will receive an email from [do\\_not\\_reply@on24event.com](mailto:do_not_reply@on24event.com) containing event log-on information. The email also contains an attachment that, when opened, will save the event log-on information to an Outlook calendar.

#### **Viewing the Event:**

On the day of the live event, please use the web link to join the webinar. You can access the platform using a computer, smart phone, or tablet. The audio portion of the presentation will automatically stream through your computer/device speakers. Please make sure that the volume on your speakers is turned up. Phone dial-in information will also be available during the live event if you are unable to listen to the audio through the computer/device speakers.

For individuals that will be **away** from a computer, smart phone, or tablet on the day of the live webinar event, please email [RIC@lewin.com](mailto:RIC@lewin.com) to request dial-in information.

**Due to high demand on technical platforms due to COVID-19, it is possible that some users may experience challenges in accessing the live event. If you experience difficulty logging in or for any reason are unable to attend, note that the event recording will be available to view "On-Demand" approximately 45 minutes after the conclusion of the event. You can access the "On-Demand" recording at any time by clicking the registration link. If you have questions for presenters ahead of the live event, please submit those through the registration form. If you have any questions after viewing the live or "On-Demand" event, please email us at [RIC@lewin.com](mailto:RIC@lewin.com).**

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Please contact [RIC@lewin.com](mailto:RIC@lewin.com) or [Gretchen.nye1@cms.hhs.gov](mailto:Gretchen.nye1@cms.hhs.gov) with any questions.