

## **Outreach Materials and Tools to Help National Diabetes Prevention Program (National DPP) Lifestyle Change Programs (LCPs) Engage Advanced Practice Providers (APPs) in Referrals**

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### Resource Summary

Recognizing the challenges that LCPs face in engaging health care providers in referrals, the Centers for Disease Control and Prevention (CDC) funded a project to explore APPs (i.e., nurse practitioners, physician assistants) as a potentially effective referral source. The project conducted research and materials testing with APPs and LCP recruitment staff. Five LCPs then used the materials to plan and conduct outreach with APPs in a demonstration project.

The final suite of materials and tools included here reflects the findings and lessons learned from the demonstration project. Several programs successfully increased referrals within the demonstration project period. Consider using these planning tools and outreach materials with APPs to increase referrals to your programs. Start with the **Outreach Guide**.

### **Planning Tools for LCPs**

- [How to Use the Outreach Materials](#)
- [Outreach Guide](#)
- [LCP Needs Assessment Tool and Outreach Plan Template](#)
- [Health Care Provider \(HCP\) Engagement Planning Checklist](#)
- [How to Present Your Program Tip Sheet](#)

### **Materials for LCPs to Use with APPs**

- [National Program Factsheet](#)
- [National and Local Program PowerPoint Slides](#)
- Patient Handout
  - [Patient Handout - American Indian and Alaska Native](#)
  - [Patient Handout - Hispanic/Latino](#)
  - [Patient Handout - White](#)
  - [Patient Handout - Mother](#)
- [Referral Form](#)
- [Talking Points](#)
- [Outreach Email Template](#)
- [Local Program Factsheet Template](#)

- [HCP Contact Card Template](#)
- [Meeting Follow-Up Email Template](#)